

# TRAINING FOR LIFE

At the Amputeam **TRAINING FOR LIFE CLINICS**, amputees will have the opportunity to learn exercises designed for the beginning, intermediate and advanced level patient. Therapists and family members will have the opportunity to assist amputees in their exercises and be able to implement these hands-on skills in their practices or at home.

The **TRAINING FOR LIFE CLINICS** are also an excellent way to continue the rehabilitation process on a monthly basis. All age groups and activity levels are encouraged to attend. The exercises and training methods have been designed to ensure that all amputees can benefit.

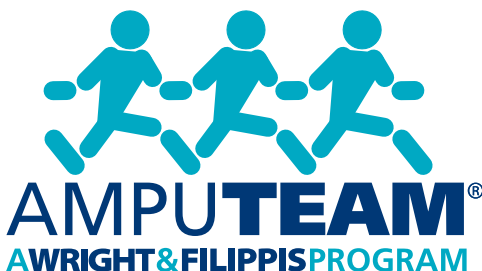
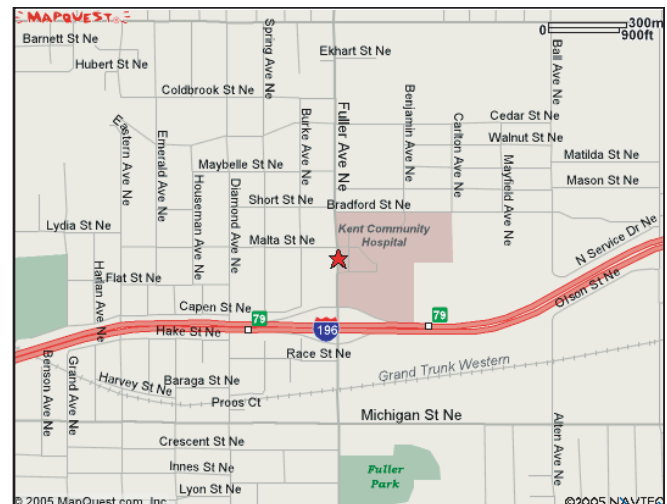
## CLINIC SCHEDULE

**Spectrum Health Kent  
Community Campus  
Outpatient Services**

August 11, 2009  
November 10, 2009

750 Fuller NE, Grand Rapids  
1st Floor, Room 1124  
Outpatient Therapy Gym

Tuesdays  
4:30pm to 7:00pm



**IF YOU NEED MORE INFORMATION, CONTACT US AT  
(248) 709-3367 OR WWW.AMPUTEAM.COM**