

# TRAINING FOR LIFE

At the Amputeam **TRAINING FOR LIFE CLINICS**, amputees will have the opportunity to learn exercises designed for the beginning, intermediate and advanced level patient. Therapists and family members will have the opportunity to assist amputees in their exercises and be able to implement these hands-on skills in their practices or at home.

The **TRAINING FOR LIFE CLINICS** are also an excellent way to continue the rehabilitation process on a monthly basis. All age groups and activity levels are encouraged to attend. The exercises and training methods have been designed to ensure that all amputees can benefit.

## CLINIC SCHEDULE

**St. Joseph Mercy Hospital, Ann Arbor**  
6th floor of the Legacy Tower  
In-Patient Rehab Gym  
(part of the old tower)

5301 McAuley Drive  
Ypsilanti, MI 48197

January 14, 2009  
February 11, 2009  
March 11, 2009  
April 15, 2009  
May 13, 2009  
June 10, 2009



Wednesdays  
4:00pm to 6:30pm



**IF YOU NEED MORE INFORMATION, CONTACT US AT  
1-888-AMPUTEAM OR WWW.AMPUTEAM.COM**