

## Cervical Use and Care Instructions

These orthoses are designed to limit the movement of the cervical spine. You may have a semi-rigid or a rigid orthosis. They both work by immobilizing the spine circumferentially.

### **Semi- Rigid Orthosis (Soft Cervical Collar)**

**Clothing:** You can cover the soft cervical collar with a stockinette or a sock (with the toe cut off). Be sure to wash the sock or stockinette daily.

**Cleaning:** Wash the soft cervical collar in mild detergent and warm water. Squeeze out water in a towel and lay flat overnight. DO NOT PUT IN THE DRYER.

### **Rigid Orthosis**

Patients must follow the instructions provided by their physician for rigid cervical devices.

**Clothing:** You can cover the rigid collar with a stockinette. Be sure to wash the stockinette daily.

**Cleaning:** Towel wash the rigid collar with mild soap and water.

### **Precautions**

This device does not prevent injury and is not intended to reduce or eliminate the risk of injury.

### **Questions or Problems**

If you experience pain, swelling, or any unusual reaction, please contact your local Wright & Filippis at (800)482-0222.

