

## Knee Brace Use and Care Instructions

These orthoses are designed to limit the movement of and provide support to the knee.

### **Instructions:**

1. In a sitting position, align hinges of the brace along the sides of the knee. Be sure to center the hinges on the knee cap.
2. Velcro the thigh strap and pull for snugness.
3. Velcro the strap below the knee and pull for snugness.

For additional instructions, please refer to the manufacturer instruction guide that was provided with your brace.

### **Cleaning:**

Please refer to the manufacturer's cleaning instructions. These instructions are located on a tag inside of your brace.

If the Velcro is not sticking well on the brace, check for lint build-up on the Velcro and remove it.

### **Precautions:**

- Be aware that volume changes in the body can affect how the knee brace will fit.
- Do NOT ever sleep in the knee brace.
- Keep knee brace away from excessive or direct heat. This may cause deformation.

### **Questions or Problems**

Please contact your local Wright & Filippis at (800)482-0222 if any discomfort is felt and results in redness, bruising or blistering. Please discontinue the use of the brace until seen by the clinician.

